



New Hope Biblical Counseling Program: "TURNING THE BATTLE"

OVERVIEW BOOKLET



BIBLICAL COUNSELING PROGRAM

New Hope Ministry
www.NewHopeMinistryCC.org



VISION

New Hope's Purpose is to be a Light to Lead People
to Individual Intimacy with God.

MISSION:

New Hope's Mission is to Light the Way;
developing systems, patterns, and materials for churches and others to use to draw
people to God, lead them into individual intimacy with Him,
and develop a Kingdom Mentality.

New Hope Biblical Counseling Program:

“Turning the Battle”

Overview Booklet

Biblical Counseling Program: “Turning the Battle”

Whether it is addiction, depression, or any other emotional, relational, or spiritual problem, beginning this Biblical Counseling Program will mark “the turning point” in the person’s battle.

New Hope Ministry is non-denominational, producing ministry materials that have no denominational slant, teaching the core tenants of the Christian faith. They help people, not to simply experience another good *program*, but to personally experience *God*. Our goal and desire is for each person to experience the very presence of our Lord Jesus Christ at work in their lives.

Listen to these personal testimonies from people who have gone through this program:

“These materials are phenomenal, life-changing. It’s what I wish I would have been taught when I first became a Christian.” —Paula O.

“All through Seminary and Bible College I never came across material that affected a person’s spiritual life as this material does. I can only say if you want to see the life of an individual change or a congregation change, invite them to use this material.” —Pastor David W.

“New Hope’s material is the best I’ve seen. It’s powerful. It’s life-changing.” —Pastor Mike W.

What makes the New Hope materials unique is the heart connection it produces. Teaching brings transformation as it touches people’s hearts. Head knowledge becomes heart experience, and lives are changed. A deep, personal relationship with God brings about spiritual maturity and genuine transformation.

Jesus said that the two greatest commandments are to love the Lord with all your heart, with all your soul, with all your strength, and with all your mind, and to love your neighbor as yourself (Luke 10:27). It’s about loving God and loving others. It’s about relationship. It’s a heart thing.

“What this has meant to me personally—I just can’t begin to tell you what God has done in my life. The things you learn in this course will become a life experience, not just things written on a page. The first thing people gain from this is an improved self-image. The “Who God Says I Am” bookmark list will start to change a person’s thinking. They will start seeing themselves in a different light. Then you will see the lies of the devil exposed. Next you will see them have an intimate relationship with God. You will also see interpersonal relationships grow in the small group setting. It is a powerful thing to see someone change right before your very eyes.” — **Pastor Rod**

Statement of Faith

1. We believe that there is One True God, Who is the Creator, King, and Redeemer of all that exists, eternally existent in three persons: Father, Son, and Holy Spirit.
2. We believe the Bible in the original text, is the inspired, the only infallible, authoritative Word of God, which provides the only absolute truth and authority for Christian Believers in all matters of faith and life.
3. We believe in the deity of our Lord Jesus Christ, the Only Begotten Son of God; that He was conceived of the Holy Spirit; we believe in His virgin birth, His sinless life, His miracles, His vicarious and atoning death through His shed Blood, His bodily resurrection, His ascension to the right hand of the Father, and in His personal return in power and glory.
4. We believe that for the salvation of lost and sinful man, regeneration by the Holy Spirit is absolutely essential, and that this salvation is received by God's grace through faith in Jesus Christ as Savior and not as a result of good works.
5. We believe in the present ministry of the Holy Spirit by Whose indwelling the Christian is enabled to live a godly life and fulfill the God-given commission to carry on Christ's ministry on earth.
6. We believe the victorious redemptive work of Christ on the cross and the power of His resurrection provides freedom from the power and works of the devil, and provides the fullness of salvation revealed in Scripture.
7. We believe in the resurrection of both the saved and the lost; they that are saved unto the resurrection of eternal life and they that are lost unto the resurrection of eternal damnation.
8. We believe in the spiritual unity of all those who have put their faith in our Lord Jesus Christ and that His Church exists to carry on His ministry and further the Kingdom of God by carrying out the Great Commission as recorded in Matthew 28:18-20; Mark 16:15-20; Luke 10; Acts 1:8.

"We are seeing tremendous results using these materials. There are incredible moments of deliverance that happens in people's lives as they go through this. We are also using this program in our church as Basic Leadership 101. Every leader in my church has to go through this course. Some awesome benefits of this program we are seeing is that it is drawing people into ministry. People who've been Christians for 25-30 years are beginning to discover new ministry gifts that they never thought they had before. To sum it all up, this is what I see: 1) I see true discipleship, 2) I see people being called into ministry and using their ministry gifts, 3) I see the power of the Gospel really working." —**Pastor Paul**

Two-Fold Calling

New Hope began as a counseling ministry and in our minds all we could see was that it was to be a *local* mission work for the Centerville, Iowa area. Little did we know that God had a bigger plan. God gave us a burden, not only to help hurting people and disciple Believers, but to also equip God's people to help and disciple others.

We believe the Bible is the divinely inspired Word of God, and He has laid down some absolute, eternal principles in His Word that if implemented have a 100% guarantee. Most experts agree that all emotional problems stem from one or more of eight main root problems. We thought, *If you already know that, why*

don't you just cover those main root problems with people first? Why waste so much time traveling down endless roads, that usually wind in circles, searching for the root of the person's problem?

So we developed a set-Scriptural system covering those eight main root problems, that we lead each person through. It really is true—if you deal with the roots, the “issues” tend to disappear along the way! But what makes the New Hope materials truly unique is the heart connection it produces. Teaching won’t bring about transformation in people unless it touches their heart. Lives are changed when head knowledge becomes heart experience. The New Hope Program is designed to engage the heart and lead people to truly experience God’s *presence* in their lives. It teaches people about who God really is and how to have a deeper, more personal relationship with Him. This produces a spiritual maturity that brings about genuine transformation. It also teaches people about the spiritual battle that will threaten their relationship and deeper walk with God. Our goal is for each person to experience the very presence and power of our Lord Jesus Christ in their lives.

Through the process, they also discover who God created them to be and what He has called them to do. It wakes people up to their true identity and gives meaning to their lives. There’s no better way to live than how and where God calls you! It’s a life of purpose and true fulfillment.

Due to the dramatic results in the lives of our Counselees, and the requests from other ministries wanting to use our materials, we put them into kits and made them available to others.

We began teaching the New Hope materials in Training Classes to groups of people using our Counselor Handbook. So many people at some point would say, “Oh, I wish my whole church could go through this,” or “Every Christian needs to know all of this.” We were also hearing, “This is the best Discipleship Materials I’ve ever seen,” and “I wish I could teach this in a Sunday School Class.” From people in counseling we were hearing, “Oh, if I had only known this sooner, maybe all this wouldn’t have happened...” What was happening was that the Biblical program we had put together was turning people into warriors for the Kingdom of God! So we adapted the materials into several other ministry forms, which made it available to so many more people. What a joy it is to be able to get this teaching to people *before* they develop life-controlling problems!

New Hope is non-denominational, producing ministry materials that have no denominational slant, teaching the core tenants of the Christian faith in a way that sparks a fire in people’s hearts.

The whole idea was to create a ministry tool that *anyone* could use just by following the instructions. God directed us to make a unique tool that has multiple uses to accomplish His purposes in each person. It is a tool for evangelizing your community, a tool to help struggling Christians, for discipling new Believers, to help deepen your walk with the Lord, for meeting counseling needs, for the training and equipping of people to serve the Lord and advance His Kingdom. God uses ordinary people to accomplish extraordinary things. He wants to show Himself to be powerful through us, and it begins with one person at a time. The Lord has given us the awesome privilege of fulfilling the two-fold calling He has given us: *To build up warriors of the King, and to equip them to do the same.*

“I was so impressed with the materials New Hope has put together. I have been in ministry for 50 years, and these materials have been life-changing for *me*.” —**Rev. Norm**

Overview Introduction

In the Bible, God says, “My people are destroyed for lack of knowledge...” (Hosea 4:6).

There is evil in this world and our world is filled with lies. The Body of Christ has so fallen for the lies of the world, the flesh, and the devil, and is suffering severely because of it.

God has raised up New Hope Ministry to help hurting people, to build up the Body of Christ by turning people into warriors of the King, and to equip them to go out and do the same. Our heart’s desire is to see complete transformation in people’s lives.

New Hope is teaching people to know and apply the truth. *So many of God’s people are not applying the truth!* That’s why the Body of Christ is being so broken down! But Jesus said, “You shall know the truth, and the truth shall make you free” (John 8:32).

God is using New Hope’s ministry tools to help rebuild and equip the Body of Christ. The New Hope Handbooks were designed to expose the lies of the world, the flesh, and the devil. People learn how to identify these lies, evaluating everything with the Word of God, then replacing these lies with truth.

The focus is not on people’s problems or “issues,” which are only outward symptoms of deeper problems, but goes directly to the roots. If the roots are dealt with properly first, symptoms and issues will disappear along the way.

The purpose of the New Hope Materials is to initiate a transformational work in the life of each person who goes through it, while at the same time equipping them to reach out and share it with others.

Only God can bring about that kind of transformation.

The materials are laid out to create an atmosphere where people truly seek God for their answers and come to love Him with all their heart, their soul, their mind, and their strength.

- *Biblical Counseling Program.*
- *Discipleship Series for One-on-One or Discipleship Classes.*
- *Community Building Bible Study Series for Small Groups.*
- *Teen Edition for Individuals, Bible Studies, or Youth Groups.*

“I have learned so many things in this study. I couldn’t begin to tell you!
This study is: incredible, awesome, wonderful, powerful.” —**Prissila**

“Appanoose County is small in population, but there is great spiritual need in this area. Many people are struggling with life's problems, feeling like they are all alone. New Hope has brought hope in Christ and has brought Christian people together in a way we haven't experienced in this part of Iowa. But New Hope has gone well beyond Centerville and has had phenomenal success. It is easy material to grasp and powerful in its effect because it is based on Scripture, lots of Scripture. People who have completed the program are changed by God's power. We are talking about people who have had serious emotional, relational, and/or mental problems.”

—Pastor Lloyd

“Our family wants to thank you from the bottom of our hearts for New Hope. At the beginning, our daughter was in terrible condition and throughout the course it was like watching a rose unfold. She is becoming the beautiful woman of God that He called and created her to be. It's been an amazing transformation for sure! God's Word works!!! In my own life, the most awesome freedom I experienced was praying the prayer for suicidal tendencies or self-injury...for the first time in my life I wanted to live and declare the works of the Lord!!! Before that, I always wanted to die if life got rough, but now I'm free, and I will live for Him! Thanks to this ministry, there's a family in Gulfport, Mississippi who has found true freedom in Christ, and none of us will ever be the same again!” —Dianne

New Hope Materials

The New Hope Materials were written in-house and put into handbooks with instructions incorporated into the text, creating a ministry tool that anyone can use just by following the instructions. All forms of the materials have the same content (some in a different order). This Overview Booklet is providing a look at the New Hope Biblical Counseling Program: “Turning the Battle.” The Counselor and Counselee Handbooks each come in one 3-ring binder, whereas the other forms of the materials are each in a spiral bound, six-book series.

Biblical Counseling Handbooks:

The *New Hope Counselor Handbook* comes with a *Counselor Training & Companion Booklet*, which provides training and inspirational information on Biblical Counseling. It also contains a copy of the Counselee's *Companion Booklet*. The *Counselor Handbook* begins with the Session Plan outline and information needed to conduct the first meeting with a potential Counselee. Phase I, II, and III follow with what is covered with a Counselee throughout the Biblical Counseling Program. It is specifically designed for the Counselor to follow, with notes and instructions on exactly what to do and say to lead someone through the program. Everything covered with the Counselee is given to them as handouts to put into their own *Counselee Handbook*.

Phase I – Foundation of the Kingdom—

- Establishes the authority of God's Word.
- Leads people to the Lord and begins establishing who they are in Christ.

- Leads people down the path to individual intimacy with the Lord that He desires and their hearts crave, as they learn to interact with Him.
- Teaches the process of evaluating thoughts, exposing lies, replacing them with truth.
- Corrects any distorted thinking they may have about God as their Heavenly Father and reveals His true character.
- Helps people come to know Who God is to them personally and begins the discovery of who He created them to be.

Phase II – Freedom through the King—

- Makes clear the basis for our power and authority in Christ.
- Establishes their understanding of their victory over the world, the flesh, and the devil through Christ.
- Covers Biblical Principles dealing with the main root problems from which all other problems stem:
Main Root Problem #1 – Counterfeit Spiritual Experiences
Main Root Problem #2 – Generational Problems
Main Root Problem #3 – Believing Lies
Main Root Problem #4 – Unforgiveness
Main Root Problem #5 – Pride
Main Root Problem #6 – Rebellion
Main Root Problem #7 – Causing Offense
Main Root Problem #8 – Habitual Sins

Phase III – Transformed for the Kingdom—

- Continues the process of renewing the mind (Romans 12:2), with the truth about our Salvation, Christ's finished work, Grace, His Righteousness, and our Forgiveness.
- Makes them rooted and grounded, and built up in faith (Colossians 2:7).
- Makes clear the basis for their power and authority in Christ, and helps them discover what He has called them to do for His Kingdom.
- Produces a desire to serve, then trains and equips people to do so effectively.
- Develops a Kingdom Mentality and vision for how they can be a part of transforming and building the world wherever God places them.

Two options of New Hope Counseling Kits are available. The purchase of a Counseling Program Kit is required in order to purchase New Hope Counselor Handbooks and New Hope Counselee Handbooks, because they provide legal and liability information, forms, and training:

- **NEW HOPE PASTORAL COUNSELING KIT** – Everything you need to do Biblical Counseling as a Pastor or Lay Counselor using the New Hope Biblical Counseling Program: *“Turning the Battle”* (see Pastoral Counseling Kit items list and cost at the end of this Overview Booklet).
- **NEW HOPE COUNSELING CENTER KIT** – Everything you need to set up and operate your own Biblical Counseling Center patterned off of New Hope Counseling Center using the New Hope Biblical Counseling Program: *“Turning the Battle”* * (see Counseling Center Kit items list and cost at the end of this Overview Booklet).

The items marked “Overview Comments” in this Overview Booklet are just comments about the program. The testimonies found throughout this booklet are all based on the glorious transforming work the Lord has done in each person’s life through the New Hope Materials.

“Through New Hope and their material, people are being reached and lives changed. All through Seminary and Bible College I never came across material that affected a person’s spiritual life as this material does. It allows for progressive life-change, and guidance focusing not on man’s word but on God’s Word. I have been using this material for many years. I can only say if you want to see the life of an individual change or even a congregation change, invite them to use this material.” —Rev. David

Overview Comments: The INS section (Immediate Needs Session) of the Counselor Handbook covers the initial contact and first meeting with a potential counselee. It contains policy samples and forms, including:

**Initial Telephone Contact with Potential Counselee
Evaluating Safety Risk
Suicidal Policy
Abuse Policy
Minors
Immediate Needs Session Plan
Counseling Expectations**

At New Hope, we counsel with teams of two—a lead Counselor and a Prayer Partner. Ecclesiastes 4:12 says one may fall, two may stand, but a cord of three strands is not easily broken. Not only is there safety and even legal protection in always having three people in the room, it is also very powerful to have someone right there praying through the whole process. But the Prayer Partner doesn’t just sit in a corner and pray—they join in, making it a counseling team.

The instructional “Notes to the Counselor” all the way through the Counselor Handbook tell them what to do from beginning to end. There are built-in discussion questions, plus look-up the Scripture and fill-in the blank questions to answer. The Counselor Handbook has the answers to the questions already filled in and most of the “Look up” Scriptures printed out for them.

The plan of salvation is covered with a potential Counselee in the INS, but we expound on it in a Counselee Companion Booklet that comes with the Starter Kit items. We encourage the Counselee to read it on their own just to make sure they understand what happens at the point of salvation. If there is anything in it that the Counselor thinks should be discussed, they can go over it together.

Phase I (The Foundation) is where you begin with the Counselee in the actual counseling program. There is a Session Plan form found in the Appendices of the Counselor Handbook to help you plan each session, keep track of their assignments, and what handouts are covered each time. The instructional notes to the Counselor begin telling them what to do from when the Counselee first walks in the door. Disclosure Forms are also included to have them sign at the beginning, if needed.

You begin by giving the Counselee an empty binder. In the Handbook Kit, you receive their empty binder and a “Handouts Box” filled with all of the handouts you will be giving them one at a time to put into their “Counselee Handbook” binder.

It works best to go through these materials slowly, actually reading it out loud together, and then discussing it as you go. Simply take turns reading one paragraph each. There’s something about the way the brain works that causes things to sink in better when you hear it and see it at the same time. The Counselee has a copy of exactly what they have been taught each session, and then they carry out the assignments through the week.

The assignments are designed to help them apply what they are learning, in a way that engages the heart, and invites interaction with the Lord. This is the biggest thing that is missing in most Christian counseling, and church teaching in general. Most people in crisis are usually not interested in learning a lot of head knowledge about God—some of them want to know if He is even real. The way the New Hope materials have them invite God to interact with them, gives the Lord opportunities to reveal Himself to them in truly remarkable, life-changing ways. We could teach volumes of information about God...but one word directly from HIM to someone, and they will never be the same.

We start out by helping people see that there is always something bigger going on than just whatever problems or circumstances are in their lives. God has a plan for their life, but satan also has a plan for their life. There are two opposing forces at work, but they have the power to choose which plan they are going to follow or allow. They may have been following the wrong plan and didn’t know it. This can be quite a revelation for them and give them a completely different perspective when we begin to introduce this truth. We always bring people to points of decision with prayer patterns and declarations to make that not only do something in the spiritual realm, but also affect them psychologically.

This excerpt gives an example of some of the simple assignments that are given and continued throughout the series that have the ability to profoundly affect people lives:

Excerpt:

Proverbs 23:7 says that as a man thinks in his heart, so is he. What you believe to be true about yourself determines how you feel and what you do. This is why it’s so important to begin to change what you believe about yourself by making it line up with the truth of who God says you are. The natural way to live is having a mindset of the flesh, which is living according to your physical senses, natural thoughts, and emotions. *But there’s a better way to live!* We find out what God says about us and our life, and then live by that, instead of by what our physical senses, thoughts, and emotions tell us. The goal is to get what’s true *in your spirit* to become more and more visible in your physical, emotional, and thought life. Here’s something that will help you with this:

◆ Please take out the spiral note card set and “Who God Says I Am” Bookmark from your kit items.

Look at the “Who God Says I Am” Bookmark. This is a list of highlights of who God says you are because you are His child. This is the truth straight from God’s Word about who you really are in your spirit. We call this list “Truth Statements” (they are in bold print). “I am a child of the King” is Truth Statement #1, “I am in Christ” is #2, and “Because I am in Christ” is then the main heading over all the rest of the Truth Statements. And there’s the KEY! It’s only because you are *in Christ* that all of these things are true for you!

We are going to read through this list together right now. If you don't understand one of them, just speak up, and we'll stop and look up the verses.

☛ **Assignment #1:**

On the first card of the spiral set write: "I am a child of the King." This comes from Psalm 47:7a which says, "God is the King of all the earth." Below the Truth Statement, write out Psalm 47:7a (the "a" means the first half of the verse).

Set this out where you will see it often. Every time you look at it, speak the Truth Statement and the verse aloud, and meditate on it. Maybe this is something new to you. Maybe you've heard of meditating before, but *the only things we should ever meditate on are God and His Word*. God told Joshua to do this in Joshua 1:8: "This book of the law shall not depart out of your mouth (*should not stop coming out of your mouth*); but thou shalt meditate therein day and night, that you may observe to do according to all that is written therein: for then you shall make your way prosperous, and then you shall have good success." This is a roadmap to success: Being in God's Word every day, meditating on it, speaking it all the time, and doing what it says (see also Psalm 1:1-3).

Begin by asking God what it means for you to be a child of the King. We will be meditating on one truth from the bookmark each week. This is how you get the truths of God's Word into your heart. As you are meditating on the particular Scripture, find opportunities to speak aloud the Truth Statement about yourself throughout the day (such as: "*I am a child of the King*"). Write on the back of your note card anything the Lord reveals to you each week (Ephesians 1:17-19).

☛ **Assignment #2:**

Speak *aloud* the list on the front of the "Who God Says I Am" Bookmark, first thing in the morning, and the list on the back, last thing at night. It makes a big difference what you put into your mind first thing in the morning and last thing before you go to sleep at night.

Please make sure you do this assignment. If you went to a medical doctor and they gave you a prescription, telling you to take it twice a day, wouldn't you follow the directions? This is just as important. This is like a *prescription*. Proverbs 4:22 is speaking of the words of the Bible and says, "For they are life to those that find them, and health to all their flesh." The original Hebrew word used there for *health* means *medicine*. God's Word contains medicine! Don't just read through the list. It's important to speak it *out loud*, because your brain will eventually believe what it hears you repeatedly saying. If you want change in your life you have to change what you believe about yourself first.

Overview Comments: The materials then lead them gently through learning about emotions and emotional healing. They are laid out in such a way that the Lord ministers to them from His Word. It is amazing to see how God's Word has universal application! It doesn't matter what their problem or "issue" is—they see everything this says from the perspective of their problem.

We continue on, teaching about who they are in Christ and deepening their Father/child relationship with their Abba Father.

We have exercises to help them identify misbeliefs they have, how to figure out the truth, renounce the misbeliefs, affirm the truth, and use the truth to completely defeat it. They will begin keeping a Lie List that will help them continue to practice this process. The materials help them identify unreasonable and

irrational ways they may have of thinking. We also talk about relying on and walking in the power of the Holy Spirit to bring about the changes that are needed.

“Before New Hope our personal lives were a mess, our children were suffering, and our marriage was split. New Hope taught us to order our private lives, develop our potential, and to release ability. Together we now serve in ministry, reaching out to people locally and internationally. New Hope dramatically transformed our lives. —**Shawn and Holly**

“When you become a Christian, you learn about salvation, but you don’t learn as much about where to go from there. Everything you are teaching will help people grow as Christians and not have to live stuck in the past.” —**Brenda**

Overview Comments: We help people understand how unique and special they are to God, and how He longs for an individual, interactive relationship with them—which gives them hope and confidence that He cares about them and wants to be involved in every detail of their lives. They begin to see how every single detail is meant to draw them into individual intimacy with Him.

They learn to go to God for answers and for everything else they need. When they see God providing for things...arranging things...changing things...they become confident that He is involved in every little aspect of their life, which shows them His love. Here is one of the articles that people find the most profoundly life-changing:

Excerpt:

Inquiring of the Lord—

In 1 John 5:14-15, God says that if you ask anything according to His will, He will do it. So the *key to prayer* is to find out what God wants and then ask Him for that. All through the Bible, it talks about “Inquiring of the Lord.” The Hebrew words actually mean *to seek for specific information by asking questions*. King David was a great example of this. He won battle after battle because he first “inquired of the Lord” with specific questions. The Lord still wants to be inquired of, and He still answers! David loved that God would speak to him personally and give him guidance. In the New Testament, when Jesus and His disciples were alone they were always asking Him questions, so they could understand the deeper meaning of things He had spoken to a crowd. They wanted to know more—and He would tell them. God wants to have that same kind of relationship with you! Here are just a few examples:

- “Therefore David inquired of the LORD, saying, Shall I go and smite these Philistines? And the LORD said to David, Go, and smite the Philistines, and save Keilah” (1 Samuel 23:2).
- “And David inquired of the LORD, saying, Shall I pursue after this troop? Shall I overtake them? And He answered him, Pursue: for you shall surely overtake them, and without fail recover all” (1 Samuel 30:8).
- “And when David inquired of the LORD, He said, You shall not go up; but fetch a compass (*go around*) behind them, and come upon them over against the mulberry trees” (2 Samuel 5:23).
- “Later His disciples came to Him privately to ask Him what deeper meaning they could find in this parable. He said, ‘You have been given a teachable heart to perceive the secret, hidden mysteries of

God's kingdom realm. But to those without a listening heart, My words are merely stories. Even though they have eyes, they are blind to the true meaning of what I say, and even though they listen, they won't receive full revelation. Here then is the deeper meaning to My parable..." (Luke 8:4-11 TPT).

An important part of prayer is taking the time to find out what God wants to do and then asking Him to do it. When God reveals something to you regarding what you are talking to Him about, you will *know* what to pray, patiently hope for, and expect. And you can do so *with confident faith!*

In John 5:19-20, Jesus said, "...Truly, truly, I say to you, The Son can do nothing of Himself, but what He sees the Father do: for whatever things He does, these also does the Son likewise. For the Father loves the Son, and shows Him all things that He Himself does: and He will show Him greater works than these, that you may marvel." We are supposed to do the same. So, how did Jesus "see" what His Father was doing when the Father was not visible there on earth doing things? How did God "show" Jesus what He wanted Him to do? Can God show us things like that?

You can "see" things God wants to show you. Let us "show" you: *Close your eyes, and then picture your house (after you picture it, you can open your eyes back up and read on)...*

You just "saw" a picture in your mind of your house. That *screen* in your mind is the same *screen* you see your dreams on when you're sleeping. This is the screen God can show you things on. This is not some strange thing; if you stop and think about it, you get "pictures" in your mind all the time. If you become more aware of this, God will be able to "show" you things that will help you.²



Here's an example: One day a friend's little boy lost his glasses. They looked around and couldn't find them. Then she said to her son, "Let's ask the Lord where they are." As soon as she was done praying, he said, "Mommy! I know where they are!" She asked how he knew and he said, "I just saw a picture of them. They're in the bushes by the side of the deck." Sure enough—they were right where they were in the picture the Lord gave this little boy in his mind!

In Amos 8:1-2, God gives a picture and then asks, "What do you see?" What screen is Amos seeing this picture on?... Here are a few more examples from Scripture:

- "Moreover the word of the LORD came to me, saying, Jeremiah, what do you see? And I said, I see a rod of an almond tree" (Jeremiah 1:11).
- "And the word of the LORD came to me the second time, saying, What do you see? And I said, I see a seething pot; and the face thereof is toward the north" (Jeremiah 1:13).
- "And the LORD said to me, Amos, what do you see? And I said, A plumbline. Then said the Lord, Behold, I will set a plumbline in the midst of my people Israel: I will not again pass by them any more" (Amos 7:8).
- "And (*the angel*) said to me, What do you see? And I said, I have looked, and behold a candlestick all of gold, with a bowl upon the top of it, and his seven lamps thereon, and seven pipes to the seven lamps, which are upon the top thereof" (Zechariah 4:2).

When the Lord "shows" you something, you will usually know what it means. But if He shows you something and you *don't know* what it means, simply ask Him: **Lord, what does this mean?** (See Zechariah 1:8-2:2; 4:1-14; 5:1-11; 16:1-15 for examples.)

When Jesus was praying to His Father, He said: “Your Kingdom come. Your will be done in earth, as it is in Heaven” (Matthew 6:10). We should also want this. When you come into agreement with God, you come into alignment with Heaven, so that you become a part of bringing what is already God’s will in Heaven to earth.

Prayer is really finding out what God wants to do and asking Him to do it. When you have something specific for which you need to inquire of the Lord, you could use this pattern. Begin praying, just talking to God, and then ask Him questions about the situation (pause after each one and write down anything He reveals to you):

Lord, You say in Jeremiah 33:3 to call out to You, and You will answer, and You will show us things we don’t know. So please speak to me and help me to understand. Give me ears to hear You and eyes to see anything You want to show me.

- ***Lord, what is on Your heart concerning _____?***
- ***Lord, Who do You want to be for me in this (or the person or people involved)?***
- ***Lord, what do You want to do concerning this?***
- ***Is there anything You want to tell me or show me about this?***
- ***Is there something from Your Word You want me to pray and apply that would bring Your power into this situation?***

The Lord may bring something to your mind, or even give you a picture of something. It may be a sudden sense of knowing. Write down the thoughts, words, and pictures God gives you for each question.

Then write those things into a prayer—add any Scripture the Lord brings to your remembrance or that would match the thoughts and words He is giving you. If it’s only a word or phrase that comes to mind, look it up in a concordance, or Google it for Bible verses with that word, and see how the Lord speaks to you through His Word.

Pray the prayer you wrote—asking God for what He revealed to you. Speak it—proclaim what God revealed, as what He *will* do, and declare God to be Who He said He *will* be for you (*or others*). Trust Him—to do things in His own time and way. Continue to pray and proclaim with confidence what God has revealed to you.

We are to supposed to pray in faith. Faith is *believing*. “Jesus said..., If you can believe, all things are possible to him that believes” (Mark 9:23). It’s sure a lot easier to believe, when God Himself tells you what He wants to do and what He wants you to pray.

“These materials are phenomenal, life-changing. I know I am accepted by my Heavenly Father. His love is constant and continuous. I was bought with a price and I belong to God. It’s what I wish I would have been taught when I first became a Christian.” —Paula

Overview Comments: We want to help people move into a full interpersonal relationship with God, where He is directing their lives...where it's not just, I believe, but, I know that He is walking with me and guiding me every day; He's helping me solve my problems. We want them to see God directing their lives, so that they learn to be in fellowship with Him; they are seeing Him, hearing Him, experiencing Him having an interactive relationship with them, so that they know He cares. And it brings them so much joy, so much comfort, that they then share it with others. It's through sharing those personal experiences that others say, Wow, if He could do that for them, He could do that for me...I would love to know that God is interested in the little things in my life, because then when the big things come and I feel like the water is going over my head, I can know that He's taking care of it...because He has shown me so many times His faithfulness in all those little things, so I know that He is taking care of this now.

We are helping people see that He is involved in their individual lives, where they can hear from Him, they can be directed by Him, and have that wonderful relationship with Him, as He is continuing to develop them to be more like Him.

We want to help people understand that situations come up where God puts us in a position to hear. People are coming to us in a position where they are wanting to hear from God. As we are teaching them how to listen and interact with God, it is developing them into being a light to others, in their homes, in their workplaces, in their community.

We want them to have hope that God cares about them and is interested in their daily lives; that He is there to help them and love them through their trials; to know that He is the One they can depend on. We want to help them learn how to get their answers from God and be confident that He is involved in every detail of their lives. The more we can share that process, so that it goes from person to person, the more it lights up their lives and gives more people a foundation to share that light with the next person. In every little thing we do, we are to find ways to bring light into darkness, and that's what will bring about transformation in our communities. God wants us to release the Light in the world.

The True Character of God section offers people a better understanding of Who God really is. This section will stir the Counselee's heart and give them a greater appreciation of the ways in which God reveals Himself and what each one means for them personally.

There is in-depth teaching on healing for damaged emotions and handling emotions such as:

Defeating False Fear, Anxiety, and Worry

Healing from Rejection

Overcoming Depression

Demolishing Destructive Anger

Freedom from Shame

"Being involved in the New Hope program has been very helpful. Thanks to our exercises, I have been given the opportunity to get rid of a lot of junk that I have been carrying around for a very long time. Our studies have shown me how to use Scripture in the right ways so that I may apply the authority that God has given me to renounce satan and claim my victory in Jesus' Name! I firmly believe every Christian needs to go through this program." — **Channel**

Overview Comments: *Phase II (Freedom) is where they work into dealing with the main root problems in their lives. Even though the enemy is behind many of our problems, we do have to be balanced in our spiritual warfare and realize what part our flesh and our free will plays into things as well. We teach them how to identify and fight against the flesh and the devil. We then introduce the Biblical Principles dealing with main root problems and lead them through each one individually.*

Main Root Problem #1: Counterfeit Spiritual Experiences—

Overview Comments: *This is talking about counterfeit spiritual experiences people have had, which covers false religions and the occult. Most people may not have been involved in many of the most serious things, but some people have, and we go through everything the same way with everyone. Being involved in any counterfeit spiritual experiences can open doors to the enemy and gives him legal ground in a person's life. They need to specifically renounce those things and close those doors. We help them through the process with a prayer pattern and renunciation to follow.*

"I was in bondage for many years, even as a Christian I had a lot of knowledge, but still had many issues dwelling in my heart. God used New Hope to reveal the lies that I had believed about myself and about God. I once struggled with anxiety, but now I have peace. I once was heavy in depression, but now I have joy. Where there was bondage, I now have freedom. God has used New Hope to bring redemption, healing, and wholeness to every area of my life." —Christine

Main Root Problem #2: Generational Problems—

Excerpt:

*Why do people so often follow in the same sins as their parents? Well, just as physical problems can pass down from one generation to the next, so can spiritual problems. Think of how something like *alcoholism* seems to run in families, or how something like *abuse* can be seen in each generation. There are many problems that can be passed down *generationally*. Some are *genetic*, some are *learned behavior* from surroundings, and some are *spiritual*. In humans, the physical, emotional, and spiritual are all tied together, so something in one area affects all the other areas. That's why the spiritual possibilities must be dealt with.... People are not punished for someone else's sin, but consequences of those sins can carry on down through generations.*

Overview Comments: *After the Scriptural evidence and preparation, there is a prayer pattern for them to use asking God to bring to their mind the things in their family lines that need to be addressed, with a prayer and declaration at the end.*

"When I came to New Hope I was down and had no hope. But I have the Word of God now and New Hope gave me a guide for my life. The time I have spent here I would not give up. I have peace and the Word of God. For me, New Hope gave me peace all the time." —Stephen

Main Root Problem #3: Believing Lies—

Overview Comments: We take them through examples of lies people believe from our three main enemy areas: the world, the flesh, and the devil. We consistently teach them to ask God specifically what needs to be dealt with and then carry through on what He reveals is true of them. They follow the prayer patterns and complete it by renouncing the lies and choosing God's truth.

"The program brought into sharp focus the Biblical truths, the issues, and the answers to root problems. The materials are excellent!" —Dave

Main Root Problem #4: Unforgiveness—

Overview Comments: In the New Testament, the original Greek language reveals that there are different types of forgiveness, which can give people a completely different perspective on what can be an extremely difficult action. We take them through these different types of forgiveness and how they fit different situations. There are quite a few look up the Scriptures and fill in the answer questions. We let God's Word speak to them as they have to answer the questions with what God's Word says. We show them what God's Word specifically says about forgiveness, and how to actually do it. They go to God, asking Him to reveal to them who they need to forgive and they make a list of what He brings to their mind. Then we help them give the type of forgiveness that is required for each one. This can be one of the most dramatic experiences people have throughout the study. At the very end, we have them destroy their list. It is truly an amazing and even miraculous sight to see the healing that takes place during this time.

"My faith has grown so much. I was also able to forgive and let go of being sexually abused by a relative over 20 years ago. I have learned to deal with things differently, as God would like them to be dealt with. I have learned life is so good when we have God with us in every way. I am now feeling the wonderful freedom of forgiveness and love of my Father/God." —Anita

Main Root Problem #5: Pride—

Overview Comments: We take them through what God's Word says about pride and what it says about humility. Again, looking up the Scriptures and them answering the questions with what God's Word says. At the end of this principle, there is a list of possible areas of pride. They ask God to reveal to them their own areas of pride, which they renounce, and then humble themselves before the Lord.

Main Root Problem #6: Rebellion—

Overview Comments: We take them through Scriptures which talk about submission concerning government, church leadership, employers, parents, school authorities, and husbands. Through prayer,

God reveals to them any personal areas of rebellion. The same prayer pattern of renunciation is provided to help them submit to God and the authorities He has placed over them.

At any point during their dealing with these main root problem areas, we may begin seeing some major things changing in their lives and circumstances. They may seem to be totally unrelated to the spiritual things they are dealing with, but we are aware of the bigger picture and how “we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places” (Ephesians 6:12).

We are seeing people set free from the bondage of life-controlling problems to fulfill the call of God on their lives.

Main Root Problem #7: Causing Offense—

Overview Comments: God reveals to them anyone they need to ask forgiveness from and we help them with a plan on how to carry it out.

“These materials were absolutely life-changing for me!...Because of the New Hope materials, I am more in love with my Heavenly Father, His Word, and I have a real burden to get these materials into the lives of everyone who is seeking Truth. I believe the answers for everything are truly within the Word and He rewards those who diligently seek Him. My life has been changed! I have kingdom purpose!” —Cathy B.

Main Root Problem #8: Habitual Sins—

Overview Comments: We have them read several Scriptures and answer some questions. Then there is a “Put Off – Put On” list to help them put off the old man and put on the new where these habitual sins are concerned (Ephesians 4:22-24). One of the most powerful assignments we give is included in this principle, which puts the power that is in God’s Word to work against these sins as they write out their own Personal Put Off – Put On list.

Overview Comments: After dealing with the main root problem areas, they continue to deepen their relationship with the Lord, standing fast in the freedom they have gained, and connecting threads between the six books of the series.

“Through the New Hope program, I now know God has so much for me. I just need to listen, obey, and not be swayed by anything. I have put on a new way of thinking, not looking around me, but keeping my eyes on Jesus. I am wanted, loved, called, and anointed for service. Nothing is impossible with God.” —Betty

Overview Comments: *In Phase III (Transformation), they continue to strengthen and renew their mind. It takes time to renew a mind, but that is how we are transformed (Romans 12:2). Once the main root problems have been dealt with, closing doors that had given the enemy access to them, putting down the flesh is somewhat easier. We give them some assignments to continue practicing and retraining their mind.*

We stress over and over how we are to use God's Word as our weapon against temptations, strongholds, problems, and the enemy—even in our battle against the flesh. God's Word is one of the most powerful weapons we can use against anything that comes against us to defeat us and stop God's plan for our lives.

The materials continue to build on how crucial it is to have an individual intimacy relationship with the Lord. We also take a unique look at Grace and what a power source it is in our lives. We get into the subject of faith and learn the keys to it. We believe we have some of the most balanced and Biblical teaching on health, healing, and faith there is.

"It is a spiritual feast, amazing, I am in awe and grateful." —Pam D.

Overview Comments: *The materials continue to mature their Kingdom Mentality and start to give them an eternal perspective.*

We talk about "Blessings" and "Obedience" as children of God. We also talk about things that could affect our health, and things that can block our faith. Then we move right into fulfilling the purposes for which God created them, which gives them a desire to serve, and trains and equips them to do so effectively.

"I began the class not really knowing what to expect. I knew I wanted to learn more about God and how to apply myself in my Christian life. I have learned and gained more than I imagined from this class. When I began the program, I was a timid person when it came to speaking about Jesus. This class has given me knowledge and boldness about Jesus and applying the Word to situations that arise in my life and in others. I feel confident now about sharing what the Lord has to offer all of us. I can stand firm in my faith and hopefully be an example to those around me." —Dana H.

Overview Comments: *The final assignment at the end of the Counseling Program will be to put together their own Personal Profession of Faith (PPF). It will be made up of the things they most need to remember, to help them to continue having victory in the areas they most struggled with. We stress that the things they have learned must become their way of life as a child of the King. Having their own PPF can help the. This is what God says we need to hold fast to. "Let us hold fast the profession of our faith without wavering; for He is faithful that promised" (Hebrews 10:23).*

They will record the things the Lord has revealed to them about who He created them to be and what He created them to do):

1. Who God is – Who He is for you personally.

2. Who you are – who God created you to be.
3. What God has called you to do – where He has placed you and what you do.
4. Who you impact and influence – in what territory you have impact and influence of people.

God wants us to love Him—with all of our heart, soul, mind, and strength. We have to come into alignment with God and His plan for us in all those areas. That's how to successfully be who He created us to be and accomplish what He has called us to do! He wants us to be passionate about it! It's our destiny!

We end with sending them out as Warriors of the King to bring His Kingdom to Earth in the areas of society in which they are placed by the King.

“I finally feel like I'm coming into who I'm supposed to be.” —Olga

There is a difference between a soldier and a warrior. A soldier serves and obeys out of duty. A warrior serves and obeys out of devotion.” That's what we are for Christ—Warriors—and we serve and obey out of our love and devotion for our King.

Testimony after attending a 7-week Training Class

“I received Jesus Christ as my Savior in January of 1980. Over the years, I have grown in my relationship with Him, but the last 3 or 4 years I felt like my excitement for the Lord had dimmed, like a fire as it burns down. My “first love” for the Lord God and His Word had weakened, and my faith also. Going through the New Hope materials which include God's precious and powerful words have reignited the fire, passion and faith in my heart. I have been encouraged and reminded of the power, might, love, holiness and awesomeness of our Abba Father. I have been reminded of who God is and who He wants to be in my life. The Holy Spirit has faithfully revealed sin in my life, wrong thinking I've allowed in and most of all shown me how much I am loved by the Father. This love goes beyond my understanding. My hunger and thirst for the Lord and His Word has been increased and my heart's fire is flaming once again!” —Camille

Overview Conclusion

The entire New Hope Series is about leading people to individual intimacy with God. We are spreading this key message as we make our materials available to others. We are not just selling books and patterns...we are sharing what we teach and what we do, so that we expand those we are reaching and showing the path to individual intimacy with God. The more places we can involve other people to do this same thing, then the number of lights being lifted up are increasing, and we can collectively be leading others to that individual relationship with God that is so essential to the transformation of people's lives, which is what will transform our churches, our communities, and our world. With the New Hope Ministry Kits we are equipping others to serve the Lord in their own lives, and providing patterns of our outreaches to help others serve more effectively in their own ministries. Leading them to lead others into that personal relationship with God where they are hearing Him and walking in intimate fellowship with Him.

New Hope's ministry is not just equipping others to share the knowledge about God, but equipping them to bring others into that kind of individual relationship. This is something that's missing in people's lives. So many of God's people are sincerely seeking Him, they are praying to Him, but they haven't reached the point of daily feeling (hearing, seeing, knowing) God's responses to them...and so they're coming up empty. It's like the difference between a one way electrical current and a reciprocating, full circle current. You don't want just a one-way circuit with God. We want to produce a current in people that goes full circle to God and back to them—reciprocating. We can be talking at God and reading His Word and still not be seeking God Himself. We are helping people to develop the ability to hear God and follow His individual instructions in the specific details of their lives. That's the missing piece. To hear directly from the Father and do what He directs us to do—just like Jesus did (John 5:19, 30; 8:28)! Jesus said that He calls His sheep by name, and they hear His voice, and they follow Him (John chapter 10). We are teaching people to hear God's voice and walk in intimate fellowship with Him.

Our entire mission is to be a light to lead people into individual intimacy with God...where God is talking to them, He's involved in their individual lives, they can hear from Him, they can be directed by Him, and have that amazing kind of relationship with Him as He is continuing to develop them to become more like Him.

“Arise, shine; for your light is come, and the glory of the LORD is risen upon you” (Isaiah 60:1). “Let your light so shine before men, that they may see your good works, and glorify your Father which is in heaven” (Matthew 5:16).

“These materials and the presentation in a class format were phenomenal. I saw people bond together, grow in their faith, laugh, cry and be accountable to one another. Everyone offered something unique. The materials were great for creating a discipleship format.”

—Pastor Greg

The next few pages of this Overview Booklet explain the Biblical Counseling Program Kits we have available. Purchase of a Biblical Counseling Program Kit is required in order to purchase New Hope Counselor Handbooks and New Hope Counselee Handbooks, because they provide legal and liability information, forms, and training.

If you have questions about any of the materials, we encourage you to call. We want you to be completely confident that the Kit or materials you order are the right ones for you in what the Lord has called you to do. The New Hope Materials are designed to help you fulfill the call of God on your life and better equip you for your service to the King.

NEW HOPE MINISTRY
641-856-3326

Please visit our Website and On-line Store:

www.NewHopeMinistryCC.org

NEW HOPE PASTORAL COUNSELING KIT

Everything you need to do Biblical Counseling as a Pastor or Lay Counselor
using the New Hope Biblical Counseling Program: *“Turning the Battle”* *

Whether it is addiction, depression, or any other emotional, relational, or spiritual problem,
beginning this Biblical Counseling Program will mark “the turning point” in the person’s battle.

This Kit contains:

2 Counselor Handbooks (one set for Prayer Partner) and Counselor Training Booklet with Starter Kit items:

Who God Says I Am Bookmark
Sword of the Spirit Spiral Note Card Set
Prayer Bookmark
Battle Prayers Booklet

1 Counselee Handbook with Starter Kit items:

Counselee Companion Booklet (includes *True Character of God* Bible Study)
Who God Says I Am Bookmark
Sword of the Spirit Spiral Note Card Set
Prayer Bookmark
Battle Prayers Booklet

1 Counselee Binder (to accumulate all of the handouts)

Pastoral Counseling Kit Instructions Handbook (containing Biblical Counselor Training Class Outlines)

Counselee Testimonies DVD

CD containing all Counseling Forms (to adapt to your own ministry and print copies)

New Hope Founder & Staff Testimonies Booklet

New Hope Resources Catalog

1 New Hope Survival Kit for Women (used in Immediate Needs Session)

1 New Hope Survival Kit for Men (used in Immediate Needs Session)

Counselee Records File (sample)

Spiritual Birth Certificate (sample)

Counselee Graduation Certificate (sample)

Certificate of Completion for Counselor Training Class (sample)

***The Speaking Blood* CD** (sample)

***Who God Says I Am* CD** (sample)

***Personal Profession of Faith Background Music* CD**

Personal Profession of Faith Audio (sample)

New Hope Brochures for samples

Pastoral Counseling Kit (continued)

On CD to adapt to your ministry and print copies:

Counseling Kit Instructions Handbook containing:

- Helpful Hints
- Biblical Counseling Training
- Immediate Needs Session Plan and Forms
- Marriage Counseling Helps
- Intercessory Prayer Team Guide
- Counseling Forms

Biblical Counselor Training Leader Outlines for 8-week or 18-week Training Classes
Spiritual Birth Certificate
Graduation Certificate for Counselee
Certificate of Completion for Counselor Training Class
And much more...

The Counseling Center Kit Includes:

Advisory Consultation from New Hope Staff for Implementation.
Continued Advisory Help from New Hope Staff.
Newsletters and periodic mailings for continued encouragement.

PASTORAL COUNSELING KIT: \$400.00 (free shipping)

***Purchase of the Pastoral Counseling Kit enables you to purchase additional Counselor and Counselee Handbooks as needed - \$95.00 ea.**

Ministry Kit Testimony

God's timing is perfect! He made it possible for the New Hope Outreach Center to be placed in our church early in 2007. We had been involved with New Hope Counseling Center in Centerville as Counselors for two years. After calling me into ministry, God allowed me to quit my full time job to concentrate on my pastoral studies as well as expand my service to the Lord through New Hope. We are excited about being able to bring the hope of God to people in the church as well as those who are outside of the church. We have faith that God will continue to transform lives through His Word and His promises in this counseling ministry. Starting the counseling center in the church was much easier than I thought it might be. The New Hope Counseling Center Kit that we were able to purchase from New Hope made that process go like clockwork. The ministry set-up handbooks and forms that were all put together with computer files on CD, along with instructions for operations and suggestions, were a big help to me in setting up the Outreach Center. —**Pastor Dick**

NEW HOPE COUNSELING CENTER KIT

Everything you need to set up and operate your own Biblical Counseling Center
patterned off of New Hope Counseling Center
using the New Hope Biblical Counseling Program: *"Turning the Battle"* *

Whether it is addiction, depression, or any other emotional, relational, or spiritual problem,
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Battle Prayers Booklet

1 Counselee Handbook with Starter Kit items:

Counselee Companion Booklet (includes *True Character of God* Bible Study)
Who God Says I Am Bookmark
Sword of the Spirit Spiral Note Card Set
Prayer Bookmark
Battle Prayers Booklet

1 Counselee Binder (to accumulate all of the handouts)

Counseling Center Kit Instructions Handbook (containing Biblical Counselor Training Class Outlines)

Board Member Handbook (*Provides detailed instructions on how to start a non-profit ministry organization; how to structure it, staff it, oversee it, fund it, and run it.*)

Administration Handbook (*Contains administrative procedures and every form that is used with explanation of how to use them, including Immediate Needs Session Plan and Marriage Helps.*)

Legal Handbook (*Addresses legal matters for a non-professional counseling ministry.*)

Policies & Procedures Handbook (*To use as a template to structure your own.*)

Employee Handbook (*A template of personnel policies – [still in progress – will be sent when completed.]*)

Intercessory Prayer Team Handbook (*Contains teaching and suggestions on intercessory prayer.*)

New Hope Founder & Staff Testimonies Booklet

New Hope Resources Catalog

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Legal Handbook
Policies & Procedures Handbook
Intercessory Prayer Team Handbook
Board Member Application Packet
Board Member Interview
Board Member Reference Form
Volunteer Opportunities
Volunteer Application Packet
Volunteer Interview
Volunteer Reference Form
Volunteer Orientation and Training Packet
Staff Application Packet
Staff Interview
Staff Reference Form
Staff Orientation and Training Packet
Initial Telephone Contact
Counselee Contact Record
Counselee Progress Record
And much more...

The Counseling Center Kit Includes:

Advisory Consultation from New Hope Staff for Implementation.
Continued Advisory Help from New Hope Staff.
Newsletters and periodic mailings for continued encouragement.

COUNSELING CENTER KIT: \$1020.00 (free shipping)

***Purchase of the Pastoral Counseling Kit enables you to purchase additional Counselor
and Counselee Handbooks as needed - \$95.00 ea.**

Biblical Counseling Training Classes

Part of our mission is to make your ministry even more successful and as effective as it can be. By helping, training, and equipping you to minister to those who need “New Hope” in your area, we are actually helping more and more people. We can make a much farther-reaching difference for the Kingdom of God by helping and equipping you to make an even bigger difference.

Now what is that a picture of?

It is a picture of the Body of Christ coming together and really operating the way God intended. It is a picture of the power of the Gospel really working!

A New Hope Counseling Kit includes Instructor Outlines for your choice of 8-week or 18-week Biblical Counselor Training Classes. This will enable you train people to help in your own counseling ministry at your church or in your community. The 8-week time frame covers the materials at a greatly accelerated pace in order to give an overview of the program. The Trainees will not be able to do *all* of the assignments that are given as they would if they were going through it at a slower pace in a counseling setting, but will do the most important ones. The 18-week class gives your Trainees the opportunity to go over all of the materials at an accelerated pace, but slow enough to be being able to do many more of the assignments. This lets them really experience all of it first personally.

The dual purpose of the Training Class is to initiate a transformational work in their own lives by applying as much of it as they can, while at the same time training them to help others with the materials. There is also a computer file on the “Counseling Kit CD” for you to print needed copies of the Instructor Outlines and the Assignment Sheets to give Trainees. You could also adapt these class outlines for different class lengths to fit your needs.

Once they have gone through the materials *personally*, they are then better equipped to help others using it. We want them to see that all of the instructions to the Counselor are right there in the Handbook for them to simply follow when they go back through it with a Counselee.

Only *Counseling Kit* holders can order additional *Counselor* and *Counselee Handbooks* as needed. Each Trainee must have their own *New Hope Counselor Handbook* from New Hope.